

# The Robert Winston Lectures

2021/2022

Inspiring Minds



Since the inception of the Robert Winston Lectures in 2017, we have been honoured to welcome an array of prestigious thinkers and inspirational leaders to Doncaster. Speakers have included Pathologist Dr Richard Shepherd, Barrister Sarah Langford, former Sky News Foreign Correspondent Tim Marshall, and many more.

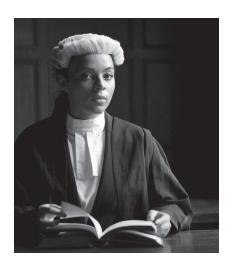
Our vision is to captivate minds, be they pupils, parents or just those with a love of learning. That is why we are delighted to be able to open these talks up to everybody, for free. They are an opportunity to actively engage with experts and learn from their experience.

This year our speakers continue the conversation, covering a range of topics including forensic psychology, justice and resilience.

We would love you to join us for these talks, contact Hill House School on 01302 776300 or info@hillhouse.doncaster.sch.uk to book your FREE place.

Be inspired and join the conversation.





# Alexandra Wilson

Tuesday 28 September, 5.30pm

In Black and White

Twitter & Instagram: @EssexBarrister

Alexandra Wilson is a young barrister, author and campaigner. She is dynamic, articulate and driven.

She first came into the public eye when she was mistaken for a defendant three times on the same day in court. She has made it her mission to challenge discrimination in the courtroom. Alexandra has been interviewed on BBC News, ITV News, Good Morning Britain and Women's Hour, and has also been profiled in The New York Times and the Independent.

After studying Politics, Philosophy and Economics at the University of Oxford, Alexandra studied for a Graduate Diploma in Law (GDL) and her Master of Laws at BPP University in London.

Alexandra's widely praised debut book "In Black and White: A Young Barrister's Story of Race and Class in a Broken Justice System", sets out her journey from Essex to the Bar, and portrays a justice system in which a disproportionately large number of Black people are charged, convicted and sent to prison. Alexandra recreates the tense courtroom scenes, the heart-breaking meetings with teenage clients, and the moments of frustration and triumph that make up a young barrister's life.

As a junior criminal and family law barrister, Alexandra finds herself navigating a world and a set of rules designed by a privileged few. She shows us how it feels to defend someone who hates the colour of your skin, or someone you suspect is guilty. We see what it is like for children coerced into county line drug deals and the damage that can be caused when we criminalise teenagers.

Alexandra's account of what she has witnessed as a young mixed-race barrister is in equal parts shocking, compelling, confounding, and powerful.

Fabrice Muamba is a retired footballer who previously played for Arsenal, Birmingham City, Bolton Wanderers and England Under-21s.

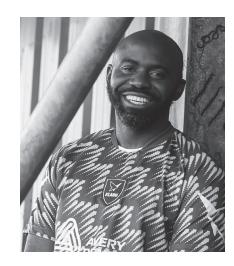
Muamba's story is inspirational without even mentioning his recovery from a cardiac arrest during an FA Cup quarter-final in 2012. Having been born in Zaire in 1988, he arrived in England, aged 11, to join his father who had fled to the country as a political refugee five years earlier. Fabrice spoke no English when he arrived, making friends at school through playing football, but went on to gain A Levels as well as excelling at the sport he loved.

Fabrice played internationally for England at every youth level. He captained England's Under-19s and went on to make 33 appearances for England's Under-21s.

In March 2012 he suffered a cardiac arrest on the pitch while playing for Bolton Wanderers against Tottenham Hotspur in the FA Cup. Despite his heart stopping for 78 minutes, he went on to make a remarkable recovery, and was discharged from hospital just over a month later.

Unable to play football again, Fabrice has paved a career in the media, graduating in 2015 with a BA Honours degree in Sports Journalism. He has worked as a pundit for BBC, Sky, ITV and talkSPORT and has completed his UEFA A license. Fabrice is now working with various football organisations such as the PFA as a liaison between players and governing bodies and the Premier League as part of the VAR assessment team.

Fabrice is dedicated to raising awareness of heart conditions and treatment and is an ambassador for the Arrythmia Alliance's Hearts and Goals campaign, which aims to place more defibrillators in public places to ensure other people may survive sudden cardiac arrest.



## Fabrice Muamba

Tuesday 12 October, 5.30pm

The Power of Resilience

Twitter & Instagram: @fmuamba6



# Greg Jenner

Tuesday 16 November,

*Horrible Histories* 2.00pm – for invited pupils only

Dead Famous 5.30pm – open to all

Twitter & Instagram: @Greg\_Jenner

Gregg has kindly agreed to sign copies of his book after the talk. Books will be available to purchase from Hill House School. Greg Jenner is a British public historian with a particular interest in communicating history through pop culture and humour.

Greg co-presented two series of *Inside Versailles* (a 10-part historical companion piece to BBC Two's lavish drama series Versailles) and was a panellist on BBC Two's The Great History Quiz. He is also a regular voice on national radio and podcasts. Greg's BBC Sounds' podcast, You're Dead to Me, is regularly in the top ten listeners list and one of the most successful BBC Sounds podcasts available. Greg also presented the Radio 4 series Homeschool History to great acclaim, broadcast during the lockdown period of the Covid pandemic. Greg co-presented the BBC Radio 4 series The Origin of Stuff with Katy Brand and the Radio 4 Extra programme Hilarious History: What's so Funny About the Past.

Greg is the Historical Consultant to CBBC's multi-award-winning Horrible Histories and the author of A Million Years In A Day: A Curious History of Ordinary Life. Greg's most recent book, Dead Famous: An Unexpected History of Celebrity was published in March 2020.

After studying at the University of York, Greg abandoned dreams of a PhD in Medieval Literature and instead dedicated his career to wrestling with issues of accuracy in historical entertainment. In the past decade, he has worked in various roles on documentaries, dramas, comedies, and digital interactive projects. He is a passionate advocate for public history, and does some guest teaching at Royal Holloway and York Universities. Greg has also been made an Honorary Research Associate at Royal Holloway University.

Christie Watson is an award-winning, bestselling writer. She was a registered paediatric nurse for twenty years. Spending most of her career in paediatric intensive care in large NHS hospitals before becoming a resuscitation officer.

Her first non-fiction book, *The Language of Kindness*, was published in 2018 and was a number one Sunday Times bestseller. Her first novel, *Tiny Sunbirds Far Away*, won the Costa First Novel Award and Waverton Good Read Award, and her second novel, *Where Women Are Kings*, also achieved international critical acclaim

Her latest book, *The Courage to Care*, reveals the remarkable extent of nurses' work. We benefit from their expertise in our hospitals and beyond: in our schools, on our streets, in prisons, hospices and care homes. When we feel most alone, nurses remind us that we are not alone at all. Christie discovers that, time and again, it is patients and their families - including her own - who show exceptional strength in the most challenging times. We are all deserving of compassion, and as we share in each other's suffering, Christie shows us how we can find courage too. The courage to care.

Christie holds an honorary Doctor of Letters for her contribution to nursing and the arts, and is Patron of the Royal College of Nursing Foundation. She is Professor of Medical and Health Humanities at the University of East Anglia.



# Christie Watson

Tuesday 7 December, 5.30pm

The Courage to Care: A Call to Compassion

Twitter: @TinySunBird Instagram: @christiewatsonwriter

Christie has kindly agreed to sign copies of her book after the talk. Books will be available to purchase from Hill House School.



# Amanda Owen

Thursday 27 January, 5.30pm

### Tales from the Farm

Twitter: @amandaowen8 Instagram: @yorkshireshepherdess

Amanda has kindly agreed to sign copies of her book after the talk. Books will be available to purchase from Hill House School. Amanda Owen is a shepherdess, mother to nine children, a passionate photographer and a Sunday Times bestselling author. Seen by millions on Channel 5's Our Yorkshire Farm and ITV's The Dales, Amanda and her husband Clive live a life that has almost gone in today's modern world, one ruled by the seasons and their animals.

Amanda's first book *The Yorkshire Shepherdess*, offered an honest, inspiring account of her transformation from Huddersfield townie to rural sheep farmer. The paperback of her second book *A Year in The Life Of The Yorkshire Shepherdess*, headed straight to no.2 in the Sunday Times charts, spending 5 weeks in the top 10. Amanda's third book, *Adventures of the Yorkshire Shepherdess*, reached the no.4 spot in the Sunday Times Bestsellers chart. Amanda's fourth book, Tales from The Farm, is a collection of Amanda's regular monthly columns as featured in the Dalesman.

Amanda and her family regularly appear on Channel 5 in their very own documentary series, *Our Yorkshire Farm*, which returned for a third series in July 2020, with over 3.7 million viewers tuning in for the final episode, making it Channel 5's highest rating show of the past five years. Twenty more episodes of *Our Yorkshire Farm* were announced in March 2021, with a new series set to air in the spring.

Other appearances include co-presenting ITV's Summer On The Farm with Alan Titchmarsh and Angellica Bell, The Yorkshire Shepherdess Family Feast strand on This Morning, New Lives In The Wild on Channel 5, as a roving reporter on Springtime on the Farm and This Week On The Farm, as well as a regular guest on ITV's Countrywise. Amanda has also taken part in BBC's Masterchef as a guest judge and as a panellist on Radio 4's Museum of Curiosity.

Kerry Daynes is a forensic psychologist with over twenty years' experience of working in prisons, secure hospitals, courts and police stations.

Kerry has worked as a psychologist in some of the country's maximum security prisons and medium secure hospitals, forging a reputation as a knowledgeable practitioner with the ability to engage with, and successfully treat, the most complex clients.

In 2002 Kerry set up her own successful practice and was invited to assist in major police investigations and as a trusted advisor to the government on the safe management of highrisk individuals. She is a passionate advocate for better conversations around mental health and wellbeing.

Thanks to her expertise, she has published numerous articles for national press, and also provides regular commentary for international television networks, including The History Channel, Discovery, CBS Reality and BBC International.

In her new book, What Lies Buried, Kerry opens up the case files of some of her most perplexing clients to uncover what lies buried behind some of the most extreme and disturbing behaviour.

Whether she is dealing with a young murderer who says he has heard voices telling him to kill, a teacher who daubs children in red paint and threatens to abduct them, or an aspiring serial killer who faints at the sight of blood, Kerry's quest is to delve beyond the classic question asked of her profession: 'Are they mad or are they bad?' Kerry provides an unflinching, enlightening and provocative insight into the minds of her clients, shedding light on the root causes of their behaviour and challenging our notions about who and what, is dangerous.



# Kerry Daynes

Tuesday 8 March, 5.30pm

What Lies Buried

Twitter: @KerryDaynes

Kerry has kindly agreed to sign copies of her book after the talk. Books will be available to purchase from Hill House School.



# Gwen Adshead

Tuesday 26 April, 5.30pm

The Devil You Know: Stories of Human Cruelty and Compassion

Gewn has kindly agreed to sign copies of her book after the talk. Books will be available to purchase from Hill House School. Gwen Adshead qualified in medicine in 1983 and was elected member of the Royal College of Psychiatrists in 1987 before being made a Fellow of the Royal College of Psychiatrists in 2005. She has a Masters' Degree in medical Law & Ethics; is a qualified member of the Institute of Group Analysis; and holds a Master's Degree in Mindfulness based Cognitive therapy. She has over 20 years practice in the NHS and has contributed to the work of the Royal College of Psychiatrists as chair of their Ethics Committee; and she has also contributed to Department of Health policy in relation to abnormal maternal illness behaviour.

In addition to being a practising clinician, Professor Adshead has authored over 100 academic papers in books and journals. Gwen has carried out research and been a visiting professor at Yale and Gresham College.

In this talk, Dr Gwen Adshead will describe her work as a therapist with violence perpetrators over the last thirty years. She has worked in prisons and secure psychiatric services, and in this talk she invites the audience to come and see what happens after the judges have sentenced and the prison doors have shut. She will discuss what changing your mind for the better looks like; and what she has learned about trauma and resilience.





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For FREE tickets and further information, please contact the school office.