

# Hill House Equestrian Club



Together  
we can...  
discover

**Hill House is proud to offer riding as part of its extensive activities programme.**

**Working in partnership with Grove House Stables, pupils learn the basics of riding and/or develop existing skills, enabling them to enjoy the pleasures of riding for fun – or even to compete!**

**Horse Riding provides many rewards for children, including increased health and wellbeing, confidence building, learning responsibility and of course, making new friends.**

**The Hill House Riding Club has progressed fantastically over the last few years and pupils have benefited from the expert teaching and guidance of the wonderful instructors at Grove House.**



# After School Activity

## Where and When

Sessions run regularly throughout the week. A one-hour after school session is riding only or an extended two-hour session is available to include horse care/competition practice.

Pupils are transported free of charge on a school minibus to Grove House Stables where they are collected by parents at the end of their activity.

## Equipment

Where possible, the children need their own equipment, however, hats and boots can be borrowed from the stables. All riders must wear leggings, a suitable long-sleeved, non-hooded top/jacket and riding gloves. Please ensure children are dressed appropriately for the weather conditions.

## Ability

Pupils can choose riding as an activity from year 3 upwards but are encouraged to start at any age and ability, as sessions will run at various levels, dependent on experience.

Pupils who have ridden at Grove House previously will be graded and allocated to an ability appropriate group.

Riders who have not ridden at Grove House previously should choose "Beginner" if they have never ridden before, "Bronze/Silver" if they are reasonably confident at walk and trot and are beginning to canter, and

"Gold" if they ride confidently at all three gaits and have some jumping experience.

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## Competition Opportunities

Hill House School is a member of the NSEA (National Schools Equestrian Association) who run competitions throughout the year for pupils who have their own horse/pony.

In addition, the National Riding Schools Championships are run annually, providing an opportunity for pupils to compete at a national level on a riding school pony. Qualifiers are held at Grove House and are an opportunity for Hill House riders to progress their riding and represent the stables and the school.



## Additional Riding

During the school holidays, Grove House Stables run a variety of sessions, allowing the pupils to continue their riding and also attend various camps. Visit their website for more information on these sessions: [www.grovehousestables.co.uk](http://www.grovehousestables.co.uk)

**Visit Hill House Life / Extra-Curricular/ Activities on the school website for more information.**